	If man and indicate in a Loop hole			
Hello	If you are self-isolating, I can help.	Hello Ify	you are self-isolating, I can help	
My name is	My phone number is	My name is	My phone number is	
I live locally at		I live locally at		
If you are self-isolating due to COVID-19 I can help with:		If you are self-isolating due to	If you are self-isolating due to COVID-19 I can help with:	
O Picking up shop	oping O Posting mail O Prayer	O Picking up shopping	O Posting mail O Prayer	
O A friendly phor	ne call O Urgent Supplies	O A friendly phone call	O Urgent Supplies	
Just call or text me, and I'll do my best to help you (for free!)		Just call or text me, and I'll do	Just call or text me, and I'll do my best to help you (for free!)	
Coronavirus is contagious: therefore I will take every precaution to ensure I'm spreading only kindness. I will seek to avoid physical contact (6ft), wash hands regu- larly and leave any items on your doorstep.		spreading only kindness. I will	Coronavirus is contagious: therefore I will take every precaution to ensure I'm spreading only kindness. I will seek to avoid physical contact (6ft), wash hands re larly and leave any items on your doorstep.	
"Peace I leave with you; my peace I give you. I do not give as the world gives. Do not let your hearts be troubled and do not be afraid." - Jesus Christ.			"Peace I leave with you; my peace I give you. I do not give as the world gives. Do r your hearts be troubled and do not be afraid." - Jesus Christ.	
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