

Hello

If you are self-isolating, I can help.

My name is _____

My phone number is _____

I live locally at _____

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping Posting mail Prayer
 A friendly phone call Urgent Supplies

Just call or text me, and I'll do my best to help you (for free!)

Coronavirus is contagious: therefore I will take every precaution to ensure I'm spreading only kindness. I will seek to avoid physical contact (6ft), wash hands regularly and leave any items on your doorstep.

"Peace I leave with you; my peace I give you. I do not give as the world gives. Do not let your hearts be troubled and do not be afraid." - Jesus Christ.

Hello

If you are self-isolating, I can help.

My name is _____

My phone number is _____

I live locally at _____

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping Posting mail Prayer
 A friendly phone call Urgent Supplies

Just call or text me, and I'll do my best to help you (for free!)

Coronavirus is contagious: therefore I will take every precaution to ensure I'm spreading only kindness. I will seek to avoid physical contact (6ft), wash hands regularly and leave any items on your doorstep.

"Peace I leave with you; my peace I give you. I do not give as the world gives. Do not let your hearts be troubled and do not be afraid." - Jesus Christ.

Hello

If you are self-isolating, I can help.

My name is _____

My phone number is _____

I live locally at _____

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping Posting mail Prayer
 A friendly phone call Urgent Supplies

Just call or text me, and I'll do my best to help you (for free!)

Coronavirus is contagious: therefore I will take every precaution to ensure I'm spreading only kindness. I will seek to avoid physical contact (6ft), wash hands regularly and leave any items on your doorstep.

"Peace I leave with you; my peace I give you. I do not give as the world gives. Do not let your hearts be troubled and do not be afraid." - Jesus Christ.

Hello

If you are self-isolating, I can help.

My name is _____

My phone number is _____

I live locally at _____

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping Posting mail Prayer
 A friendly phone call Urgent Supplies

Just call or text me, and I'll do my best to help you (for free!)

Coronavirus is contagious: therefore I will take every precaution to ensure I'm spreading only kindness. I will seek to avoid physical contact (6ft), wash hands regularly and leave any items on your doorstep.

"Peace I leave with you; my peace I give you. I do not give as the world gives. Do not let your hearts be troubled and do not be afraid." - Jesus Christ.